

August 2009
 FCDS Lower School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

Garden Vegetable Soup
 Pasta with Marinara
 Sugar Snap Peas
 Breadsticks
 Red Grapes

Tomato Soup
 Beef Tacos
 Black Beans
 Fiesta Rice
 Tres Leches

Chicken Noodle Soup
 Hot Dog on Wheat Bun
 Sweet Potato Fries
 Corn on the Cob
 Ice Cream

Black Bean Soup
 Cheese Pizza
 Carrot Sticks
 Caesar Salad
 Pudding

Other Daily Offerings - Made Fresh
 Deli Sandwiches * Garden Variety Salads * Nibbles Bar * Fruit and Yogurt Bar *
 Assorted Beverages * Action Station

Eat • Learn
 • Live